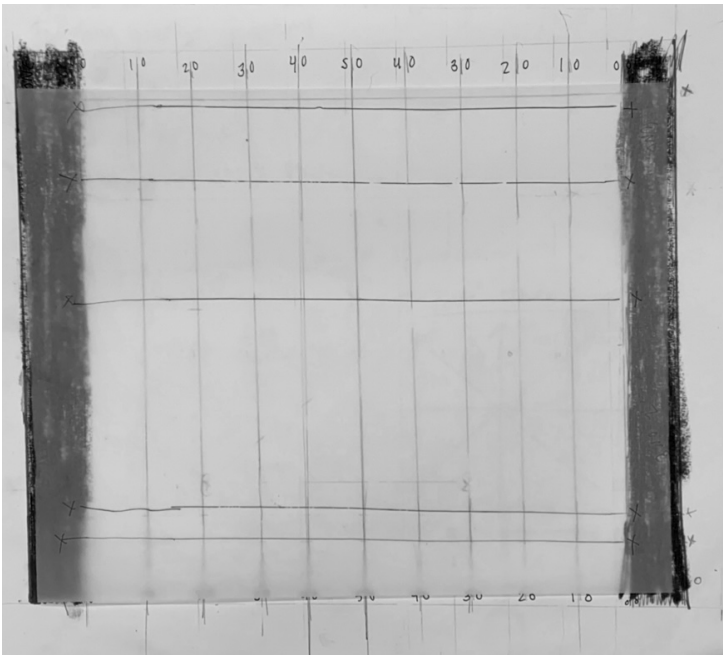


Score for Football Field #1 (for 5 dancers)

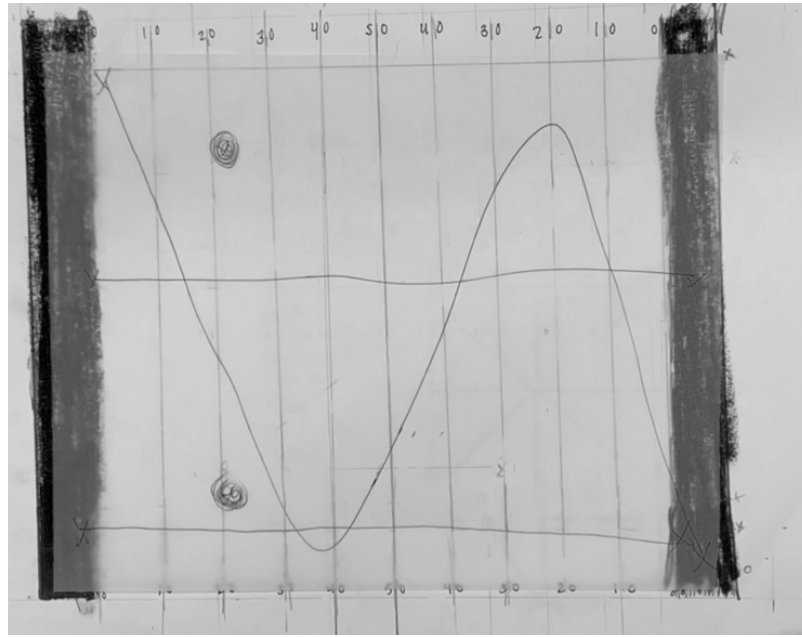
5 dancers start in one end zone in spaced out positions (see drawing).

1. They walk to other end zone at fast pace, moving arms between three positions: horizontal, vertical, and V-shape.
2. 1 dancer makes a curved shape back to first end zone; 2 dancers stop at the 20 and do turning phrase.; 2 others walk back to end zone and repeat arms from first cross
3. 4 dancers do turning phrase at the 50 and then lie down. Three dancers lay with bodies perpendicular to yard lines. One dancer lays parallel. 5th dancer runs from one end of the end zone to the other.
4. All 5 dancers lie in pile on 50. Every so often the bottom dancer rises to the top.

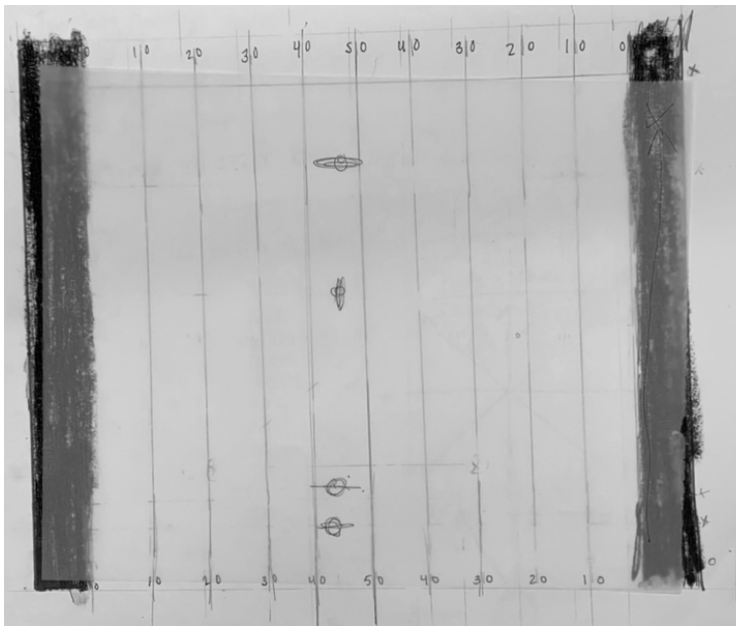
Dance ends after 15 minutes of pile.



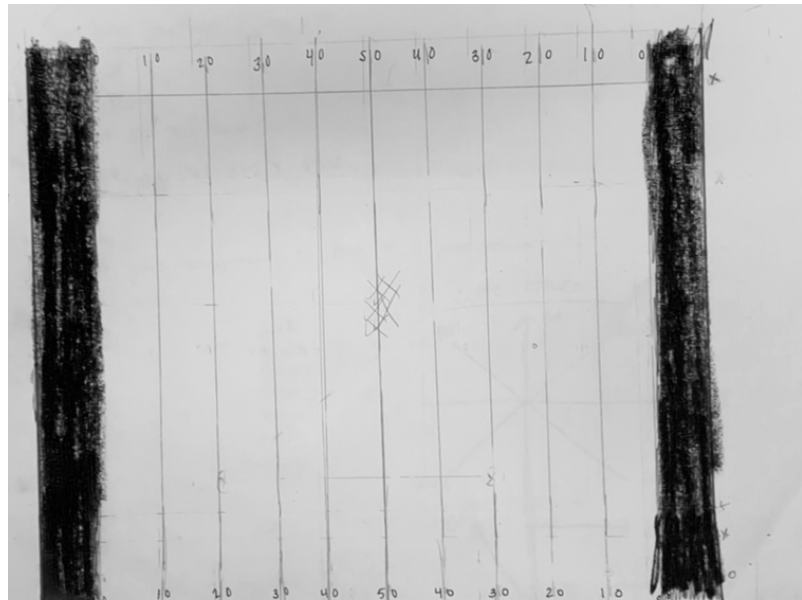
1



2



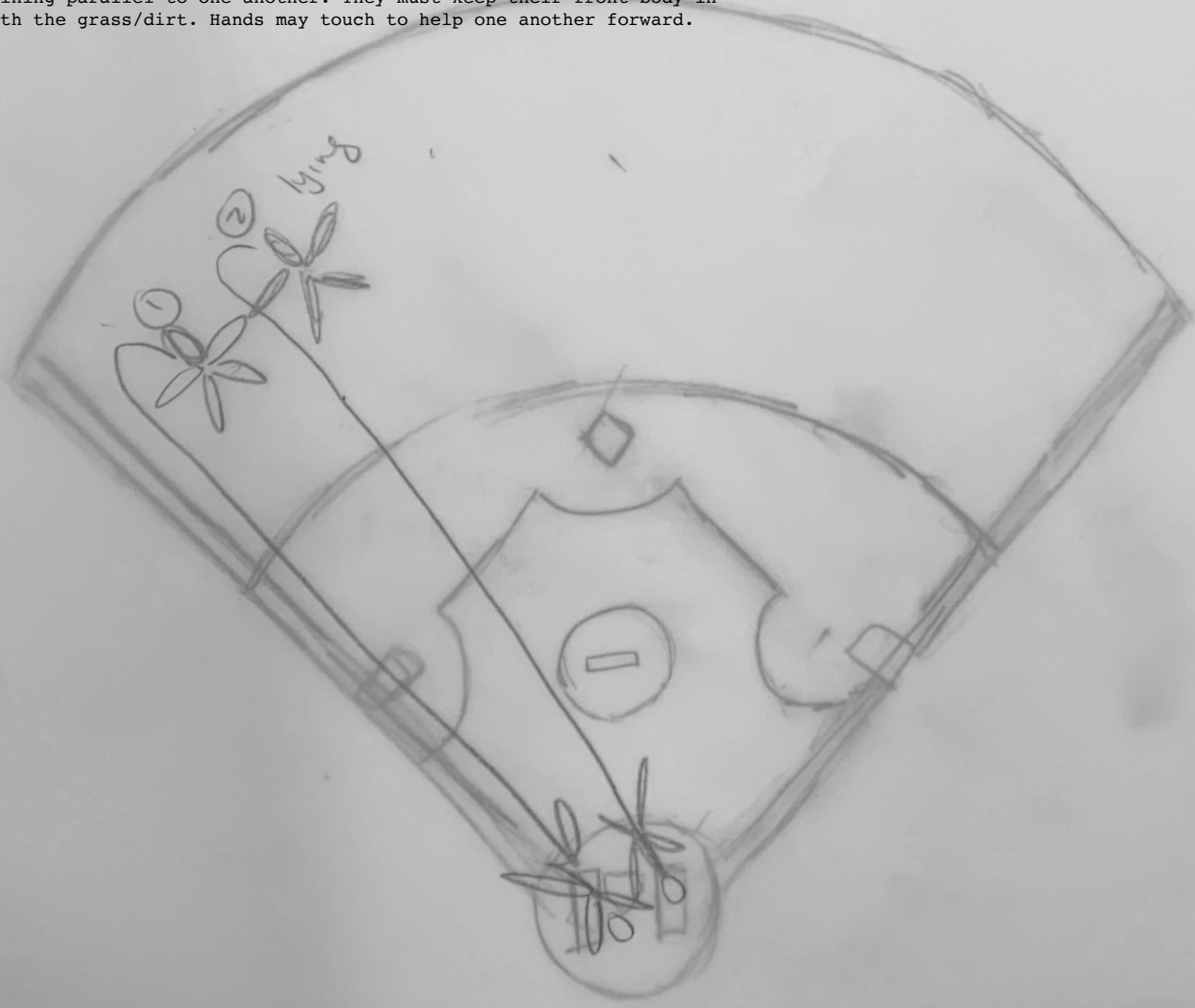
3



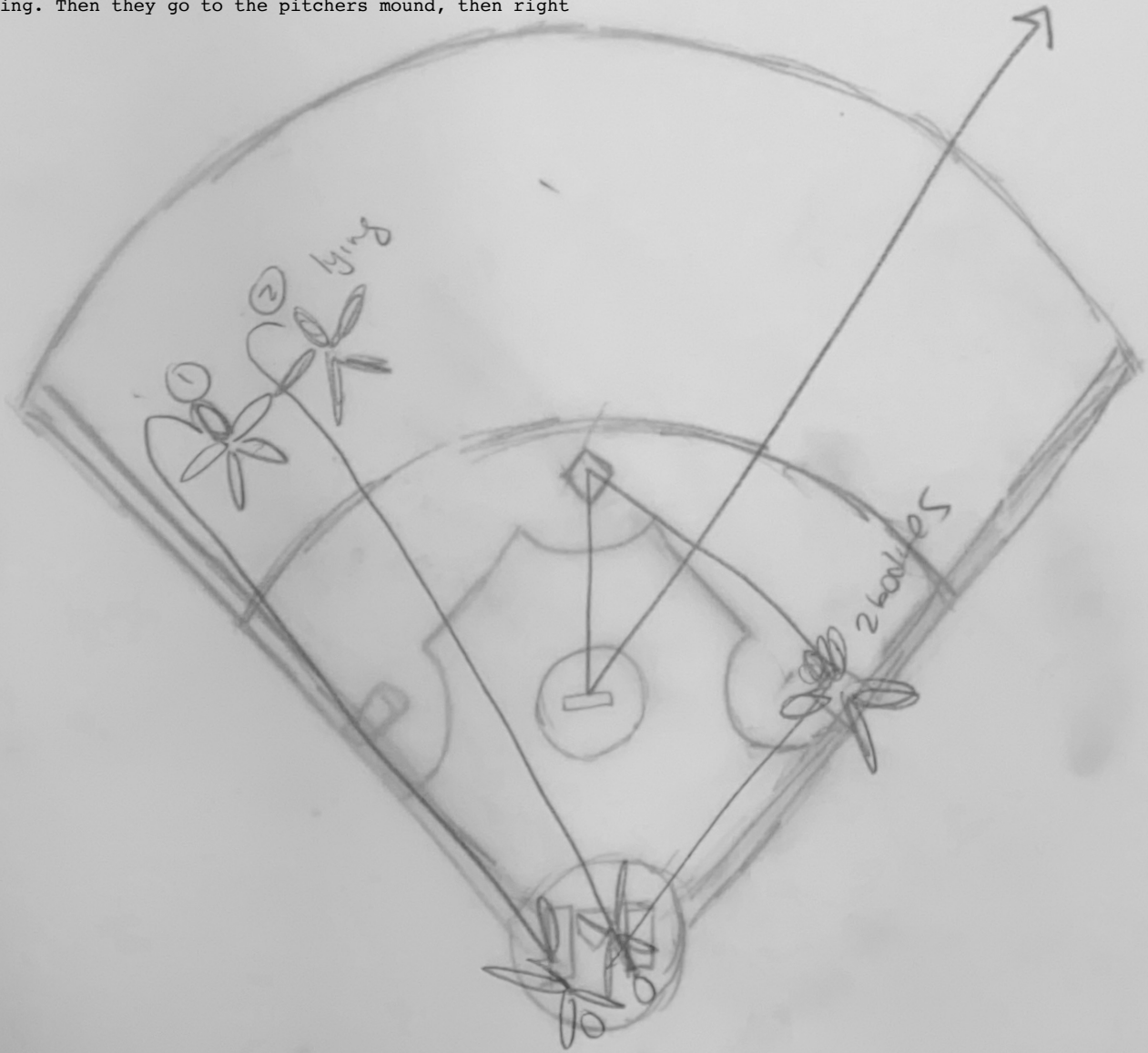
4

2 Dancers start in outfield, lying in a relaxed way on stomach.

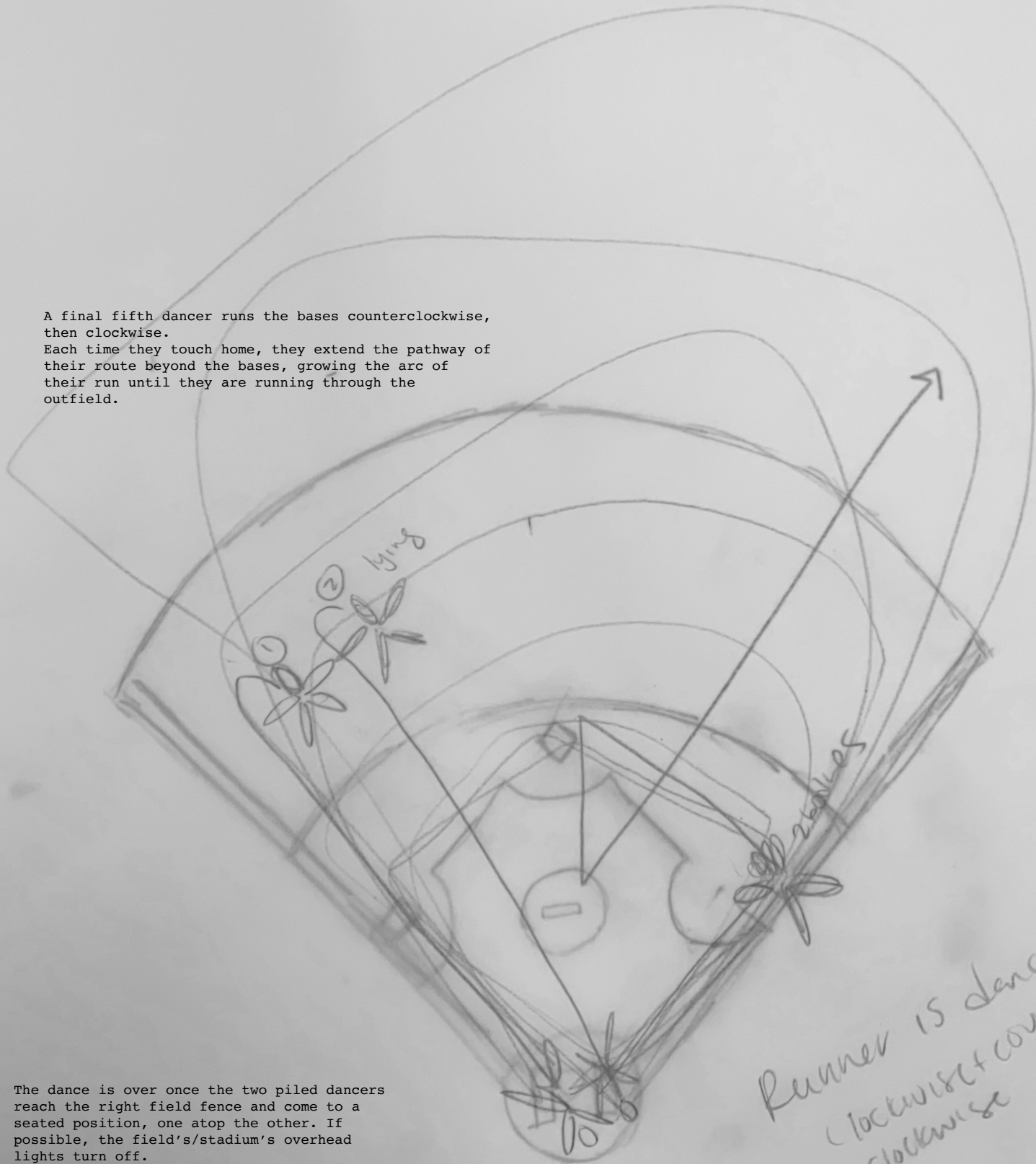
At the blow of a whistle, they crawl, drag, and slide their way toward home plate remaining parallel to one another. They must keep their front body in contact with the grass/dirt. Hands may touch to help one another forward.



As the first two dancers crawl toward home, 2 others lie on top of one another and slowly crawl toward second., never detaching. Then they go to the pitchers mound, then right field.



A final fifth dancer runs the bases counterclockwise, then clockwise. Each time they touch home, they extend the pathway of their route beyond the bases, growing the arc of their run until they are running through the outfield.



The dance is over once the two piled dancers reach the right field fence and come to a seated position, one atop the other. If possible, the field's/stadium's overhead lights turn off.

Runner is dancer #5
clockwise + counter -
clockwise